

## What to expect when you have an in-office appointment,

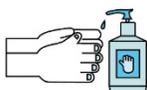
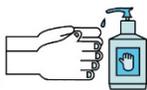
### Before your in-office appointment



1. As part of our ongoing commitment to health and safety we limit persons attending an in-office appointment to the patient booked and maximum one essential caregiver eg parent of a young child.
2. **Do not come to the office:**  
**If you have symptoms and do not have a recent negative Covid-19 test result.**  
**If you have not completed a health provider directed self isolation or quarantine.**  
**If you are close contact of someone Covid -19 positive or with travel exposure and you are not fully vaccinated in for at least 14 days.**  
**If you have a positive rapid antigen or home based test result.**  
**Call the office to make a phone call appointment.**

All patients 2 years of age and older attending the office are required to provide and wear a surgical grade mask that covers both nose and mouth.

### Day of your in-office appointment



1. ARRIVE 10 minutes PRIOR to your scheduled appointment.
2. IF you will be late, please call in advance to determine if your appointment needs to be rescheduled.
3. Wear a surgical grade mask that covers both nose and mouth before entering the building.
4. Sanitize your hands inside the first door of building entrance at the rear parking lot.
5. Scheduled patients will use a tablet in the waiting room to check in and complete Covid screening questions.
6. If one additional essential person will accompany a booked patient the additional person is asked to READ COVID SCREENING QUESTIONS poster in the waiting room and ADVISE staff if they answer YES.
7. Move while MAINTAINING PHYSICAL DISTANCE to a chair or to an open GREEN floor marker while you wait.
8. IF you would like to discuss another or different issue than was scheduled, your physician may ask that you book another appointment. We do this to keep our schedule on-time and reduce contact.
9. If you need another appointment AND both GREEN floor markers at reception are open, approach reception to schedule. Otherwise to limit contact visit our office website [www.sheddonmedical.ca](http://www.sheddonmedical.ca) to self book your next appointment. Our phone lines are open Monday-Friday 7:45am-11:50am, 1pm-4pm.
10. Sanitize hands before leaving the building.

## SUMMARY



- ✓ We are use our schedule to space patients and minimize contact. Please arrive 10 MINUTES early to complete check-in.
- ✓ We require ALL patients 2 years of age and older to wear a surgical grade mask that covers both nose and mouth when coming to the office. Have your mask on when entering the building until you leave the building.
- ✓ ALL persons without an appointment are required to READ COVID SCREENING QUESTIONS poster in the waiting room. ADVISE staff if you answer YES.
- ✓ Our exam rooms are small, we respectfully ask that only those essential to the appointment and limited to one person in addition to the person scheduled.
- ✓ NO GREEN SPOT, NO STOP
- ✓ PLAN your movements, choose the path of least contact with persons waiting and moving.
- ✓ Plexiglass has been installed within the office to limit contact.
- ✓ Sanitize your hands
  - entering the building
  - before check-in on the tablet
  - after check-in on the tablet and put away health card
  - on your way out of the building